

Lupus, Our Hair & Our Health

Reclaiming how we feel, how we look, and how we live



NATIONAL
MINORITY QUALITY
FORUM

LIFEVERYVOICE
PATIENT NETWORK

It's More Than a Diagnosis

Lupus can affect:



Energy and daily life



Pain and inflammation



Hair, skin, and appearance

For many Black women this can look like:



Hair thinning or loss



Scalp sensitivity



Skin irritation

When Lupus Changes How You Look...

It can also change how you feel about yourself.



That matters.



It's not small.



It's not shallow.



Wanting to feel like YOU again is valid.

Why This Conversation Belongs Here

Spaces like the salon are where we:



Open up



Share honestly



Support each other

And it's also where we can talk about **our health**.



Because feeling like yourself again starts with **taking care of your body**.

And let's be clear—

our hair is never "just hair."

It's identity. Culture. Confidence.



Let's Talk About Clinical Trials

Clinical trials help create better lupus treatments.

But here's the reality:

Black women are **more affected by lupus** and often **left out of the research**.

What Clinical Trials Can Offer

- ✓ Access to new treatments
- ✓ Closer medical care and support
- ✓ A chance to improve care for future generations
- ✓ More control over your health and symptoms

Know This

Clinical trials today are:

- ✓ Safe and regulated
- ✓ Built with strong protections
- ✓ Centered on your choice

You can:

- ✓ Ask questions
- ✓ Take your time
- ✓ Leave at any point



This isn't pressure—it's possibility.



That can change—with us.

Start the Conversation

Ask your doctor:



Are there lupus clinical trials for me?



What are the risk and benefits?



How does this fit into my care?



Because You Deserve To Feel Like Yourself Again

When your health is supported:



You feel stronger



You feel more in control



You reconnect with YOU

Not just how you look—
but how you live.

Take the First Step



Learn more. Ask questions
Explore your options.

**Your health.
Your beauty. Your power**

Visit Beyond-Lupus.org for more resources.

